



Contact  
Kirsten Munachen, Challenge Aspen  
[Kirsten@challengeaspen.com](mailto:Kirsten@challengeaspen.com)  
970.923.0578

**12<sup>TH</sup> ANNUAL "ONE FROM THE HEART"  
UPHILL RACE AND WALK-UP-ATHON, MARCH 1, 2008**

**BENEFITS CHALLENGE ASPEN AND THE CHILDREN'S HOSPITAL IMMUNODEFICIENCY PROGRAM  
OF DENVER (CHIP)**

*Honoring Chris Bove, Friend of Challenge Aspen*

ASPEN, Colo. (November 12, 2007) - Challenge Aspen and The Children's Hospital Immunodeficiency Program of Denver (CHIP) will be beneficiaries of the 12<sup>th</sup> Annual "One From The Heart Charity Uphill Race and Walk-Up-Athon" on Buttermilk Mountain, on Saturday, March 1, 2008. This exciting uphill event climbs 1800 feet vertical gain up Buttermilk Mountain and it will begin at 7am. This year, the race is dedicated to the memory of Chris Bove, a well-loved friend, ski instructor and strong supporter of Challenge Aspen. **100% of the proceeds of the event go directly to both charities.**

Race and walk pre-registration fee is \$35.00 (\$40.00 on Race Day) and all participants will receive schwag bags and other surprises. Race participants may use snowshoes, telemark skis, skinny skis or heavy metal (stabilizers are for non-race class). Registration begins at Buttermilk Mountain on SATURDAY, MARCH 1, at 7:00am, and the race begins at 7:30am. Pre-registration at UTE Mountaineer begins early February. Post race giveaways and celebrations will take place at The Cliffhouse.

"One From The Heart" has raised over \$49,000.00 over the last 11 years, thanks to the support of enthusiastic participants, volunteers, the Aspen Skiing Company, Orthopaedic Associates of Aspen & Glenwood, Mezzaluna, Redfeather Snowshoes and Ralph Lauren Polo.

**About Challenge Aspen**

Since 1995, Challenge Aspen has provided adaptive recreational and cultural opportunities to thousands of individuals with disabilities from around the world. Based in Snowmass, Colorado, Challenge Aspen is an internationally established charitable organization. As a leader and innovator offering participants' safe, expert instruction and the best competitive ski-racing and educational programs available in the world, Challenge Aspen also provides outstanding summer therapeutic art and drama camps to children with physical and cognitive disabilities. In addition, Challenge Aspen creates adaptive wilderness experiences and internationally recognized elite race training for Veterans with disabilities. Critical partnerships with sponsors like Aspen Ski Co. combined with the generous support of the Founders' Circle, National Council members and annual fund raisers, provide the funding necessary for Challenge Aspen to empower all participants through its outdoor and cultural experiences, regardless of financial status. For more information visit [www.challengeaspen.org](http://www.challengeaspen.org).

Find helpful guidelines for writing about disability, <http://www.lsi.ku.edu/lsi/internal/guidelines.html>

###