



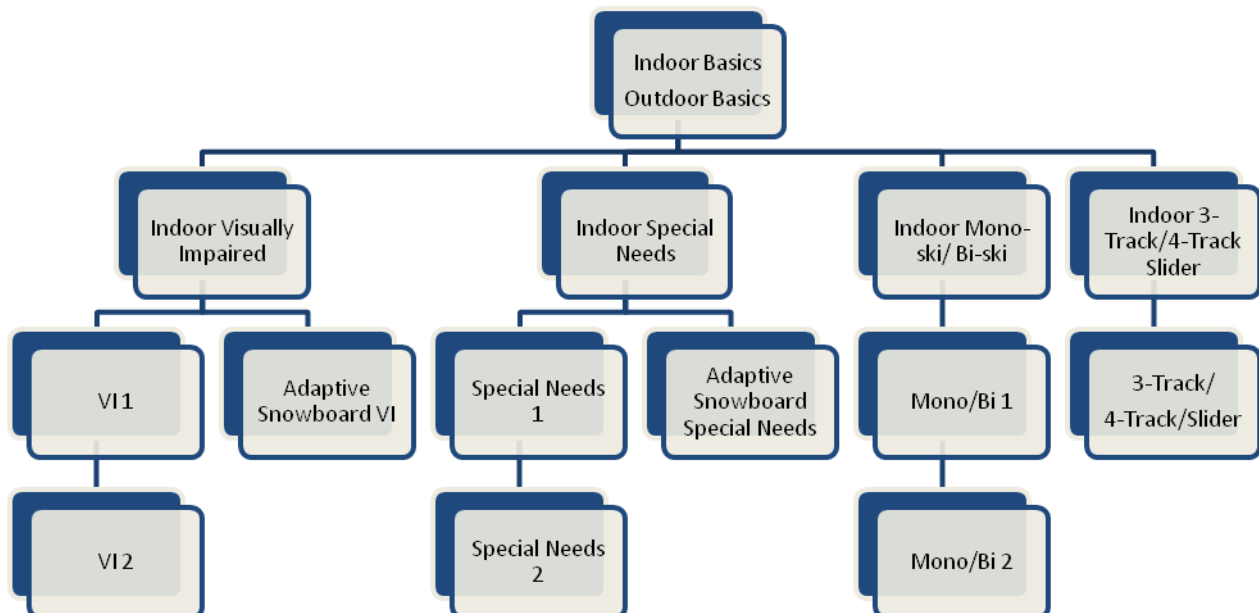
2009/2010 Challenge Aspen Training Information

To sign up for clinics, call or email Stacey at stacey@challengeaspen.com or 970-923-0578.

New Volunteer Path

As a volunteer new to Challenge Aspen and adaptive skiing/snowboarding, we want you to take the Indoor Basics and Outdoor Basics clinics. After completing these clinics, you should feel comfortable going out with an instructor and participant in a general support role. At that point, we suggest picking an interest area and taking the clinics in that area. Each of the clinic descriptions should give you an idea of what your capabilities may be upon completion.

Please feel free to call for more information and recommendations.



Indoor Basics

Description: Introductory clinic to understand and review the basics of safety for volunteer assignments

Who should attend? All new volunteers and interns; recommended for cross-over pros

Location: Challenge Aspen Equipment Room

Equipment needed: None

Prerequisites: None

Dates: Tuesday, November 17, 1 - 3 p.m. (part 1)

Wednesday, November 18, 1 - 3 p.m. (part 2)

Outdoor Basics

Description: Introductory clinic to create an awareness of safety, with or without equipment, understanding the role and how to block on a lesson, and basic orientation of Snowmass Mountain

Who should attend? All volunteers and interns, and cross-over pros

Location: Meet at Challenge Aspen office

Equipment needed: Short skis and no poles*

Prerequisites: Indoor Basics

Dates: Friday, November 27, 9 a.m. - 3 p.m.

Indoor VI Guiding

Description: An introduction to different visual impairments, safety concerns when guiding and different guiding techniques. Off-snow guiding will be introduced to provide a beginning guiding experience.

Who should attend? All interns, apprentice pros, cross-over pros and volunteers interested in VI guiding

Location: Challenge Aspen Equipment Room

Equipment needed: None

Prerequisites: Indoor Basics preferred, but not required

Dates: Thursday, November 19, 1-4 p.m.

On-Snow VI Guiding 1

Description: Takes the basics of Indoor VI Guiding and moves them to the snow, practicing basic guiding techniques

Who should attend? All interns, apprentice pros, cross-over pros and volunteers interested in VI Guiding

Location: Meet at Challenge Aspen office

Equipment needed: Short skis*

Prerequisites: Indoor VI Guiding

Dates: Tuesday, December 1, 9 a.m. - 3 p.m.

On-Snow VI Guiding 2

Description: Clinic to build on VI Guiding 1 and move to more advanced techniques

Who should attend? All interns, apprentice pros, cross-over pros and volunteers interested in VI Guiding

Location: Meet at Challenge Aspen office

Equipment needed: Short skis and no poles*

Prerequisites: VI Guiding 1 or past experience guiding

Dates: Wednesday, December 9, 9 a.m. - 3 p.m.

Indoor Special Needs

Description: Introduction to different special needs skiers and snowboarders, including medical terminology, special needs disabilities, safety concerns, different assists and related equipment

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people with cognitive disabilities

Location: Challenge Aspen Equipment room

Equipment needed: None

Prerequisites: None

Dates: Friday, November 20, 1-4 p.m.

On-Snow Special Needs 1

Description: Builds on the indoor special needs clinic and moves on snow to become familiar with and practice different assists for a special needs skier

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people with cognitive disabilities

Location: Meet at Challenge Aspen Office

Equipment needed: Short skis and no poles*

Prerequisites: Indoor Special Needs

Dates: Wednesday, December 2, 9 a.m. - 3 p.m.

On-Snow Special Needs 2

Description: Building on Special Needs 1, this clinic moves to more advanced assists and introduces tethering a special needs skier. Role-playing scenarios will let you practice your problem-solving skills.

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people with cognitive disabilities

Location: Meet at Challenge Aspen Office

Equipment needed: Short skis and no poles*

Prerequisites: Indoor Special Needs & On-Snow Special Needs 1

Dates: TBD

Indoor Bi/Mono

Description: Introduction to all disabilities that use the sit ski and medical and related safety issues, practice transfers from wheelchair to sit ski, and cover equipment set-up and adjustments

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people who use sit skis

Location: Challenge Aspen Equipment Room

Equipment needed: None

Prerequisites: Indoor Basics preferred, but not required

Dates: Thursday, November 19, 1-4 p.m.

On-Snow Bi/Mono 1

Description: Build on Indoor Bi/Mono by moving on snow to learn safe loading/unloading and bucketing techniques

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people who use sit skis

Location: Meet at Challenge Aspen Office

Equipment needed: Short skis and no poles*

Prerequisites: Indoor Bi/Mono

Dates: Thursday, December 3, 9 a.m. - 3 p.m.

On-Snow Bi/Mono 2

Description: Build on On-Snow Bi/Mono 1 in learning and practicing more advanced bucketing skills and tactics

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people who use sit skis

Location: Meet at Challenge Aspen Office

Equipment needed: Short skis and no poles*

Prerequisites: On-Snow Bi/Mono 1 or experience with bi/mono skiing

Dates: Tuesday, December 8, 9 a.m. - 3 p.m.

Indoor Slider & 3-4 Track

Description: An introduction to all disabilities that use a slider, 3-trackers or 4-trackers; medical and related safety issues with these skiers; equipment set-up and adjustment

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people who use a slider

Location: Challenge Aspen Equipment Room

Equipment needed: None

Prerequisites: Indoor Basics preferred, but not required

Dates: Friday, November 20, 9 a.m. - 12 p.m.

On-Snow Slider & 3-4 Track

Description: Build on Indoor Slider & 3-4 Track by moving on snow with stand-up outrigger and slider use; support and safe loading/unloading techniques.

Who should attend? Interns, apprentice pros, cross-over pros and volunteers interested in working with people who use a slider, 3-tracker or 4-tracker

Location: Meet at Challenge Aspen Office

Equipment needed: No poles

Prerequisites: Indoor Slider & 3-4 Track

Dates: Monday, December 7, 9 a.m. - 3 p.m.

On-Snow Adaptive Snowboarding for Special Needs

Description: Builds on Indoor Special Needs and Indoor VI Guiding and moves on snow to practice and become familiar with techniques to work with participants with cognitive disabilities and visual impairments who snowboard

Who should attend? Anyone interested in working with people with cognitive disabilities and visual impairments who snowboard

Location: Meet at Challenge Aspen Equipment Room

Equipment Needs: None

Prerequisite: Indoor Special Needs

Dates: Thursday, December 17, 9 a.m. - 3 p.m.

***Challenge Aspen will provide you with short skis for these clinics. In order to be ready by 9 a.m. for the clinic, please show up at the Challenge Aspen office no later than 8:30 a.m. to allow yourself enough time to get your equipment.**